



We are Waikato Treasure Chests a competitive dragon boat team of breast cancer survivors and supporters, based here in Hamilton. Our racing season was once again affected by covid restrictions, meaning both regional and national regattas were cancelled.

Our training efforts have not been in vain however when we would normally be winding things up and coming to the end of our season, we have found ourselves still furiously training three times a week! We have taken up the virtual racing challenge organised by New Zealand Dragon Boat Association (NZDBA).

Participating teams are paddling on their own waters and posting times using GPS trackers. Each month will be dedicated to a specific distance, March 200 m, April 2000 m, and May will be 500 m. We were very pleased with our third placing for our Breast Cancer team 'Pink Treasures'.

Virtual Challenge
2022

3rd Place Winner
200M SMALL BOAT
BCS WOMEN

PINK TREASURES
01:05



The daylight hours are getting shorter but we have had some stunning early evenings out on the water, and even a heavy foggy morning, (how strange for Hamilton).





We are dedicated to continuing our momentum and fitness over the winter period for as long as we can, as we build-up to the International Breast Cancer Paddlers Commission regatta in 2023.



We are still needing new paddlers to fill seats in our boat. Research has undoubtedly proven the benefits of physical exercise. The repetitive upper body action of paddling encourages well-being for breast cancer survivors, especially in avoiding lymphoedema complications.

If you are looking for a fun supportive team environment where you will gain fitness and friendship then please do contact us, we would love to hear from you.

Contact Teresa Simonsen 021 1818895

Email waikatotreasurechests17@gmail.com

Facebook <http://www.waikatotreasurechests.co.nz/>



We have also been volunteering hours helping to set up the soon to be opened Op Shop for Breast Cancer, with whatever is needed, cleaning windows, sorting donated items, removing rubbish, and donating goods.

The shop will provide a much needed revenue stream for the Waikato Breast Cancer Research Trust, enabling research to gain knowledge and save lives. We are so proud to help with this very worthy cause.



Committee members Teresa Simonsen and Kaylie Norton.